Flexible and Wearable Encryption Primitive Based on Optical Physically Unclonable Functions

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(Invited Paper)

Abstract-According to explosive and rapid development of flexible circuit technology, massive demand for wearable devices has arisen. Furthermore, wearable devices with integrated smartphones have contributed to a potential influence on online banking, digital healthcare service, and digital personal identification. This all-in-one device enables user to experience enhanced convenience; however, it also entails the inherent risk of cyber infiltration. A single successful hack into the device could endanger the security of user. Therefore, it is imperative to implement robust encryption and authentication mechanisms within wearable devices. Herein, we suggest a flexible and wearable encryption primitive based on an optical physically unclonable function which has a high capability of being embedded into a wearable device. Stochastic and unpredictable process-driven security concept, physically unclonable function (PUF) can operate as a solid identifier against online and offline intrusion. The physically unclonable tag consists of screenprinted Ag on the polyimide. The micro-scaled morphological characteristics of Ag-paste tag (APT) diverge as the fabrication step is repeated. In terms of PUF appliance potential (i.e., uniformity, reproducibility, uniqueness, and randomness) and real-case demonstration results (i.e., sensor-attached and smartphone-integrated operation) manifest that the APT functions as a strong encryption system embedded in a wearable device.

Index Terms—Ag paste tag, flexible device encryption primitive, optical PUF, screen-printing.

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I. INTRODUCTION

EARABLE devices are becoming increasingly popular due to their high compatibility with the human body. These devices are equipped with fitness trackers that can monitor a range of biometric signals (e.g., heart rate, blood pressure, and oxygen levels) [1], [2], [3], [4] and store personal identification data (e.g., personal information and credit card information) [5], [6], [7]. Also, wearable devices can function as a key for a digital door lock [8], [9] or serve a mobile banking platform [10], [11]. These multifunctional devices make users more convenient but also involve the risk of leaking personal information. Recently, breaches into healthcare data have incurred significant economic losses and affected device consumers [12], [13]. To address these social issues, researchers have reported various efforts to develop a reliable encryption system, such as a random number generator (RNG) [14], [15], [16], quantum key distribution (QKD) [17], [18], [19], and artificial intelligence (AI) [20], [21], [22]. Above all, the hardware-type encryption principle, physically unclonable functions (PUFs), can act as a durable and robust identifier against intrusion by preventing the copying of the unique key [23], [24], [25], [26]. All PUFs have a bijective input-output pair, which is equivalent to a challenge-response pair (CRP) [27], [28]. What sets PUFs apart from other security concepts is their uniqueness, which arises from micro or nanoscale stochastic and unpredictable manufacturing processes. Consequently, PUFs operate independently of any specific procedural logic, making the system algorithm-free. Repeating the same fabrication process leads to dissimilar micro/nano-scaled geometrical feature of the identifier (e.g., electronic device fabrication, powder dispersion, and self-assembled layers) [29], [30], [31], [32], [33], [34].

These black-box like characteristics which converted to electric/magnetic signal, or optical image itself can be utilized for the "physically unclonable" fundamental [35], [36], [37], [38]. Bulky devices like smart watch can serve sufficient electrical power to record the unique electrical signal for electrical PUF as active element form. In contrast, for skin-laminated wearable devices, a compact readout system is necessary due to the need for minimal power consumption in the overall device. Considering this limitation, one effective method to establish a PUF system is by employing optical phenomena – an optical PUF, where a light sensor detects the transmitted or reflected light from the optical tag. Light emitted from the source (probing part) reaches the

1077-260X © 2023 IEEE. Personal use is permitted, but republication/redistribution requires IEEE permission. See https://www.ieee.org/publications/rights/index.html for more information. optical token and resulting pattern received on the readout part (e.g., multiple scattered, reflected, or objected speckle) becomes the random key. The optical tag and the probe-readout part can be physically separated in this system (i.e., need not be accompanied or synchronized). Therefore, this fundamental aspect of a "passive PUF" is suitable for skin-laminated device owing to its independence from power consumption. However, despite the simplicity of the probe-and-readout procedure in optical PUF and the advantage of a passive PUF, several challenges still exist, such as a complex optic system and an additional tag production step.

Herein, we suggest the encryption primitive that utilizes screen-printed Ag-paste on a flexible and wearable device. The metal embedded in the device can function as both an electrode and an optical token. The cost-friendly process of screen-printing with reasonable critical dimensions not only facilitates metallic patterning over a large area but also supports low power consumption due to its high-resolution characteristic. Additionally, no subsequent manufacturing process is required for the initially printed Ag-paste, except low-temperature curing. During the printing through the mesh-like screen mask and the hardening of the Ag ink, micro-scaled morphological divergence occurs in metallic structures. Implicit microscopic scale deviation from the same procedure induces a dissimilar response. The performance of the Ag-paste tag (APT) as a PUF tag has been successfully verified by evaluating bit uniformity, normalized Hamming distances, and NIST 800-22 test suite. We demonstrated using a real-case imitated sensor-equipped flexible circuit to highlight our encryption primitive, recording gravitational acceleration, angular velocity, and temperature. Additionally, smartphone-integrated APT tagging showcases a compact portable probe-readout integrated as part of the optical PUF.

II. IMPLANTING OPTICAL PUF IN A WEARABLE DEVICE

Fig. 1(a) illustrates the device schematic of APT for the PUF system. Optical microscopy (OM) captures optical images corresponding to randomly distributed Ag flake on the flexible substrate. The observed images serve as raw data for the response of the optical PUF system. Light, which corresponds to a challenge, from reflective-type optical microscopy is reflected on the surface of APT. The APT has groovy surface, relatively higher region can be observed as a white dots and lower region becomes dark area in an observed image, which corresponds to a response (Fig. 1(b)). Polyimide (PI), which identified as suitable for wearable devices [39], [40], is employed as the substrate for demonstrating the flexible and wearable optical PUF. Besides, the wearable device consists of a plenty of electronic components (e.g., near-field communications chip; NFC chip, Bluetooth module, and healthcare sensors) thus high integrated metal electrode deposition and low energy usage are required. The cost-effective and high-resolution screen-printing process is suitable for the wearable device. A microstructural analysis is performed to determine the minimum linewidth of the Ag-paste screen-printing. The large-scale fabrication and mass production potential of the Ag-paste tag is illustrated as shown in Fig. 2(a).

(a)



Fig. 1. Flexible and wearable encryption primitive. (a) Schematic of Ag-paste tag on flexible and wearable device. The light (challenge) reflects on Ag-paste tag becomes the optical image (response) by observing with the reflective-type microscopic image. The Ag-paste tag has high compatibility for the polyimide, which is widespread material owing to its chemical and physical robustness. (b) In a reflective-type optical microscopy, hardened Ag reflects incident light towards the observing plane appearing as white dots in the image. Conversely, polyimide transmits the incident light, resulting in black backgrounds in the image.

Each discrete printed circuit integrated with sensors is demonstrated for the flexible and wearable device encryption system. Fig. 2(b) shows a suggested application of the embedded APT in the wearable device. All devices have a physical identifier using the same fabrication procedure within the internal electronic circuit. Each device has a unique optical tag, therefore APT tag can be regarded as a digital fingerprint. Thus, the implanted APT can be regarded as a fingerprint of the device. Based on the microscopic image from this tag, the instantly extracted key is compared to the stored database according to authentication criteria. The encrypted bit sequence only originates from the physical identifier, therefore online back-tracking is obviously prevented due to this physical one-way characteristic.

III. SCREEN-PRINTING PROCESS

Cost-effective screen-printing of Ag-paste enables large area fabrication and high-resolution printing of the metal electrode and optical tag. Fig. 3(a) illustrates the screen-printing process of Ag-paste. A squeegee presses the screen mask, which consists of a mesh-like polyester structure, square-shaped holes and patternengraved metal foil covering the polyester mesh. The minimum printed dot size depends on the mesh wire diameter and hole size (i.e., opening), which are normally determined by mesh counts. The deposited Ag ink, during the squeegee-pressing procedure, transforms into the following carved pattern onto a screen mask.



Fig. 2. Fabrication and application of Ag-paste tag. (a) Large area fabrication potential of the Ag-paste screen-printing process. (b) Application of the wearable encryption primitive. Manufactured physical identifier (*i.e.*, Ag-paste tag) is implanted into portable, and wearable devices while producing stage. Generated keys are stored in a cloud database which is prevented online back-tracking owing to physical one-way characteristic.

The Ag ink that passes through the opening of the mesh becomes a printed dot, and these dots overlap with each other stochastically. Additionally, the liquid state of ink contains Ag flakes with a diameter of around 5 μ m; thus, these micro-scaled fragments disperse randomly throughout the printing procedure. Fig. 3(b) shows the opening, diameter, and minimum dot size for different mesh counts in screen-printing. Mesh counts over 250 are considered due to narrow linewidth (i.e., minimum dot size of 100 μ m) suitable for small package chip designing. As mesh counts increases (i.e., higher resolution), dot size can reach near 100 μ m. After screen-printing, the patterned Ag-paste needs thermal curing, therefore the sample is cured in an oven for 30 minutes at 130 °C (Fig. 3(c)). The uniqueness of the APT derives from three processes: 1) stochastically overlapping dots during screen-printing, 2) unpredictably dispersed Ag flake in a liquid state paste, and 3) non-deterministically solidifying under low-temperature curing. Thus, completely replicating the APT is significantly hindered by these three stages.

To consider performance of the metal electrode and optical token of the APT, the designed screen mask pattern is illustrated in Fig. 4. The designed gap between two electrodes varies



Fig. 3. Schematic of screen-printing process. (a) A squeegee presses the screen mask, liquid state Ag-ink infiltrate into the opening region of the screen mask. Included Ag flakes are dissipated and overlapped stochastically while pressed with a squeegee. (b) Variating dot size as changing mesh counts of screen mask. As mesh counts increases, minimum dot size and opening size reduces. This examination enables low-power consumption chip and smaller chip packaging. (c) Deposited Ag ink is low-temperature cured at oven, 130 °C for 30 minutes. During this process, self-coagulated Ag ink transforms to micro-sized Ag grain.



Fig. 4. Designed screen mask pattern to define critical dimension of screenprinting. Gap between two electrodes is varied for 100, 110 and 120 μ m.

such as 100, 110, and 120 μ m. Fig. 5 shows the 3D profiling measurement of the printed two electrodes. The electrode gap is 110 μ m where the two electrodes contact each other. According to this microscopic analysis, measured critical dimension of the APT is 110 μ m. Consequently, screen-printing is suitable for highly integrated electrode patterns for wearable devices and can operate as an unclonable tag. Moreover, microscopic deviations as changing mesh counts are depicted in Fig. 6(a). The mesh counts of printed APT is varied for 200, 250, 325



Fig. 5. 3D profiled result for each case of linewidth. Contacting region of two electrodes is observed at 110 μ m, therefore the critical dimension of screen-printing is 110 μ m.



Fig. 6. 3D profiled contour map for different mesh counts. (a) Large number of the mesh in the screen mask enables high resolution printing, therefore smaller coagulated grain size is observed as adding the mesh counts. (b) Roughness rms and mean grain size analysis result for each mesh counts.

and 400. With increasing mesh counts for the screen mask, less Ag ink infiltrates onto PI substrate owing to the narrower mesh openings. A smaller grain size can enhance the resolution of the screen-printing of APT. Surface roughness and mean grain radius from the microscopic analyses are described in Fig. 6(b). More mesh counts lead to the formation of smaller grain sizes in the APT. Consequently, the surface roughness, quantified by the root mean square and average grain size, decreases with increasing mesh counts.

IV. EVALUATION OF APT-PUF PERFORMANCE

Digitized keys from the APT exhibit biased characteristics, with varying numbers of 0s and 1s. The multipass tuple-output von Neumann extractor equalizes the number of 0s and 1s in each bit sequence [41]. Evaluating PUF performances, entire 106 generated bitstreams from 106 different tags are considered. Fig. 7 shows the representative 30 responses from 30 different APT-PUF. Bit uniformity, which is the degree of bias in the final bit sequence, is defined as the ratio of the number of '1's in a sequence (i.e., Hamming weight) to the length of the sequence. All bit sequences should ideally have the same '0's and '1's, aiming to minimize the probability of guessing valid bit sequence. This probability is defined as the reciprocal of the total number of possible bit sequence cases:

$$P = 1/_n \mathcal{C}_r = \frac{r! \times (n-r)!}{n!}$$

(where *n*: length of sequence, r: the number of '1's) (1)

The captured image is resized to 256×256 , binarized, and debiased by multipass tuple-output von Neumann extractor (Fig. 8(a)). Captured raw image shows relatively low bit uniformity, therefore the binarized images are debiased by a multipass tuple-output von Neumann extractor, instead of classic von Neumann debiasing [32]. The binary bitstream is sliced into two bits, and the same bit sequences (00 and 11), while different bit sequences (01 and 10) have only their first bit extracted. In pre-save bits, same bit slice 1111 and 0000 is discarded, resulting in a bit uniformity of 0.5 (Fig. 8(b)). The condition to minimize the value of P involves n = 0.5r, (i.e., ideal bit uniformity is 0.5). Fig. 9(a) illustrates the bit uniformity of the APT-PUF, indicating near-ideal value of 0.5. To determine whether two bits are same or not, normalized Hamming distance (normalized-HD) is evaluated. The number of positions at which corresponding elements in the two strings differ is defined by the Hamming distance. The normalization of this value is achieved by dividing it by the length of one sequence (i.e., 144 bits). Repeating the same bit extraction process for an identical challenge should result in the same response. Consequently, normalized-HD is evaluated for the responses generated from a single PUF; this is referred to as intra-device Hamming distance (intra-HD). 10 key extraction sequences for the same PUF are repeated for inducing intra-HD. To determine the distinctiveness of each response, normalized-HD derives from the comparing all different obtained response bits; inter-device Hamming distance (inter-HD). The intra-/inter-HD distribution of the APT-PUF is nearly ideal, indicating an intra-HD of 0 and an inter-HD of 0.5, respectively (Fig. 9(b)). From the Gaussian-fitted distribution of intra-/inter-HD, the point of intersection between the two distributions is defined as the authentication criterion (Fig. 9(c)). In the authentication stage, the instantly extracted response is compared to all database-stored responses to evaluate the normalized-HD. Smaller than the normalized-HD of 0.1589, which is a cutoff point of this criteria, is regarded as a valid response. All collected bits have successfully passed the all test suite of NIST 800-22, these test results highlight the randomness of APT-PUF (Fig. 9(d)). Each test is performed using 96 sequences of individual 159 bits from total collected 15264 (106 responses \times 144 bits) bits. All sequences are found to be random surpassing the p-value of 0.0001 and proportion rate of 0.9583 (= 92/96).



Fig. 7. Extracted 30 representative bit sequences from the 30 different APT-PUF. Each bit sequence consists of 144 bits.



Fig. 8. Schematic of the key generation process and multipass tuple-output von Neumann extraction. (a) Captured image is resized by 256×256 , binarized and debiased. (b) During the bit extraction process, same bit array is almost discarded, therefore the bit uniformity becomes 0.5.



Fig. 9. Evaluated PUF performances. (a) Bit uniformity indicates near ideal value of ~ 0.5 . (b) Normalized Hamming distances; intra-HD and inter-HD. Each criterion expresses the ideal PUF performance, intra-HD of 0.0323 and inter-HD of 0.4965. (c) Cutoff point for authentication mode for APT-PUF. Meeting point of Gaussian fitted intra-HD and inter-HD distribution is determined the cutoff Hamming distance. (d) NIST 800-22 test suite results. The minimum pass rate for each statistical test is 92 for a sample size of 96 binary sequences.

V. DEMONSTRATION OF FLEXIBLE AND WEARABLE ENCRYPTION PRIMITIVE

Due to high compatibility of the APT with the flexible substrate of PI, suggesting APT-PUF has a large potential of flexible circuit and wearable device. To demonstrate its applicability in flexible circuits and wearable devices, an APT device is



Fig. 10. Real-case demonstration for flexible and wearable encryption primitive. (a) Prepared circuit for evaluating skin temperature, gravitational acceleration, angular velocity (b) Temperature, relative humidity and proximity. Zoomed insets images highlight the configuration of each device. This sensor-equipped flexible device corresponds to the flexible and wearable device. (c) Experimental setup image to measure motion, body temperature and relative humidity attached to the forearm. (d) Image of tagging APT by a smartphone-combined with a microscopic lens.



Fig. 11. Physical measurement while attached APT on circuit. (a) Gravitational acceleration data obtained from 6-axis motion sensor. (b) Angular velocity data obtained from 6-axis motion sensor. (c) Forearm skin temperature obtained from temperature sensor.

integrated with 6-axes motion sensor and a skin temperature sensor (Fig. 10(a)). Considering that wearable devices are in close proximity to the human skin most of the time, factors like proximity and humidity should also be considered (Fig. 10(b)). High-resolution printing enables a compact size for the flexible circuit. A real-case imitation of a wearable device measurement



Fig. 12. Proximity and temperature data. (a) Proximity and humidity test setup with robot arm. Zoomed inset shows the sensor holding part of robot arm. (b) Obtained proximity value from proximity sensor according to the distance of 10, 30, 50, 100, 150, 200, 250 and 300 mm. (c) Changed temperature/humidity data obtained from the temperature/humidity sensor.

setup is illustrated at Fig. 10(c). Recorded data from the motion sensor and temperature sensor are logged using a 19-pin FPC (flexible printed circuit) connector and Arduino Uno. Fig. 9(d) illustrates the concept of a smartphone-integrated optical PUF system. The inset image is captured optical response from smartphone microscope. To define the active area of the APT, microscope-attached UV lamp can determine the working region. Owing to camera-attachable objective lens, a smartphone can serve the key generation process, make it applicable as a portable and compact readout component for optical PUF.

The wearable device undergoes external forces and adheres with human skin, external forces to the APT circuit are recorded with attached APT. A 6-axes motion sensor and a temperature sensor record the gravitational acceleration, angular velocity and forearm skin temperature of APT-embedded flexible circuit (Fig. 11(a)-(c)). To imitate a more accurate working condition of the skin-laminated device, a circuit equipped with proximity sensor and temperature/humidity sensor is demonstrated with robot arm (Fig. 12(a)). The distance between the sensor-holding part and fixed object is gradually reduced at 25-second intervals (Fig. 12(b)). The measured temperature and relative humidity represent the surrounding conditions of the real device, as shown in Fig. 12(c). Based on these demonstration results, the proposed APT can function as an encryption primitive with wearable sensors in various environments.

VI. CONCLUSION

We propose a robust encryption primitive which can be embedded into flexible and wearable device by evaluating of PUF performance and demonstrating compatibility of human body. The optical response from APT based on the physical identifier, prevents online backtracking due to the bijective characteristic of the PUF. The screen-printing of APT offers a reasonable critical dimension, enabling large-scale production, and high entropic tag fabrication. A printing condition with a mesh count over 250 is chosen compact circuit and smaller chip packaging. Furthermore, the APT satisfies the requirements of optical PUF, estimating the bit uniformity (~ 0.4959), normalized Hamming distance (intra/inter-HD $\sim 0.0323/\sim 0.4965$) and NIST 800-22 test suite (pass rate over 92/96). Demonstrations that imitate real-case scenarios of a skin-laminated device, incorporating several sensors (i.e., temperature sensor, humidity sensor, and proximity sensor), smartphone-integrated optical PUF system, and an examination with a robot arm clearly express the potential for a lightweight optical PUF system and the robustness of APT against various external surroundings.

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